



Hypertension

FACT:

- **67% of seniors are diagnosed with hypertension.**
- **Most HTN have co-morbidities, average senior is on 6 meds.**
- **Lifestyle intervention is the first step in hypertension management in the elderly.**

How “Health Education” Works

Millenium Home Care incorporates multi-discipline care coordination offering:

- Individualized patient care management
- Focused on education and treatment
- Effective physician communication
- Transition to independence

Program Benefits

- Immediate response to patient needs
- Collaborative patient management
- Facilitates care transition
- Improved outcomes and independence

**The Millenium Health Education Program
Improves Outcomes and Reduces Admissions**

For referrals call 610-543-4126



Who may be best served by Millenium Health Education Program?

Newly diagnosed

- **Recent and/or multiple hospitalizations**
- **Unstable blood pressure**
- **Orthostatic intolerance**
- **Newly prescribed BP medication**
- **Medication compliance issues**